



**ASPENGROVE**  
**BASKETBALL**

# BASKETBALL

As a premier Independent school, Aspengrove is proud to offer a high-performance, competitive basketball program, built for serious student-athletes who are committed to competing, growing, and leading - on the court and in the classroom. This is not recreational basketball, this is an elite performance pathway.

- STRUCTURED YEAR-ROUND DEVELOPMENT
- STRENGTH & PERFORMANCE TRAINING
- COMPETITIVE LEAGUE ALIGNMENT WITH NORTH POLE HOOPS
- ACADEMIC EXCELLENCE
- CHARACTER-DRIVEN CULTURE

Your Gateway to Canadian Basketball Excellence  
Learn more about North Pole Hoops [HERE](#).



# PROGRAM OVERVIEW

Our program is a six-year development model beginning in Grade 7 and progressing through Grade 12. Our program is built on three pillars:

## PERFORMANCE DEVELOPMENT

Athletes are developed with long-term growth in mind, not short-term results.

- Structured skill progression
- Integrated strength & conditioning
- Individual performance feedback
- Seasonal evaluation cycles

## COMPETITIVE ALIGNMENT

Aspengrove teams compete within the North Pole Hoops League, providing structured, high-level competition throughout the season.

- League Play
- Select tournaments
- Evaluation-based roster selection

## ACADEMIC INTEGRATION

Aspengrove's independent school environment ensures:

- Academic accountability
- Structured daily schedules
- Leadership development
- Character-based education





# ABOUT ASPENGROVE

Aspengrove School is one of Vancouver Island's leading independent schools, serving students from Junior Kindergarten through Grade 12.

Our foundation is built on academic excellence, character and leadership development, and a purpose-driven, structured environment where **every student is seen, known, and challenged.**

For student-athletes, this matters. High performance requires discipline, time management, and strong mentorship - qualities we intentionally cultivate every day.



**ASPENGROVE**  
SCHOOL

*Strong Roots, Bright Futures*

# OUR GYMNASIUM

The Ravens Nest Activity Centre is a 15,000 square foot state-of-the-art athletic and learning facility. Built in 2020, the gymnasium features 7,800 square feet of playing space. Featuring a full-sized indoor court, state-of-the-art lighting, glass backboards, and retractable spectator bleachers. The Nest is equipped to host:

- Competitive league games
- Elite training sessions
- Student-athlete development programs
- School-wide athletic events

Complementing the gym is a fully equipped fitness centre designed to support student-athletes in cardio, strength, and conditioning.



# PROGRAM GOALS

Aspengrove High Performance Basketball exists to develop disciplined, competitive, and accountable student-athletes prepared for success at the next level - academically and athletically.

## COMPETITIVE EXCELLENCE

- Compete within the North Pole Hoops League at a high standard
- Develop athletes capable of performing in high-pressure environments
- Establish a culture where preparation drives performance
- Maintain selective rosters to protect competitive quality

## LONG-TERM ATHLETE DEVELOPMENT

- Implement a structured Grade 7-12 performance pathway
- Integrate strength and conditioning into athlete growth
- Conduct three formal evaluation cycles per year
- Track skill, physical, and mindset progression annually

## ACADEMIC ACCOUNTABILITY

- Maintain strong academic standing as a program standard
- Reinforce time management and discipline
- Develop leadership habits in the classroom
- Align athletic commitments with academic responsibility

## CULTURE & CHARACTERS

- Establish clear standards of conduct
- Promote grit, professionalism, and accountability
- Develop leaders who elevate their peers
- Protect a team-first mentality

## POST-SECONDARY PREPARATION

- Prepare athletes for competitive senior basketball
- Provide exposure within structured league environments
- Support student-athletes exploring post-secondary opportunities
- Build confidence through earned development



# PROGRAM DIRECTOR & COACH

## SCOTT MARR

With a deep passion for coaching, mentorship, and athlete development, Scott brings championship experience and strong leadership to Aspengrove's Basketball Program. A former collegiate player at UCC (now Thompson Rivers University) from 1998–2003, he transitioned seamlessly into coaching, quickly establishing himself at both the high school and collegiate levels.

Drawing on years of experience and a proven track record in developing competitive athletes, Scott is dedicated to building a program that cultivates excellence. His commitment to shaping well-rounded student-athletes - both on and off the court - ensures Aspengrove players thrive in competition, academics, and life beyond basketball.



# DIRECTOR OF BASKETBALL & COACH

## MATT KUZMINSKI

Matt is a championship-winning collegiate coach who brings elite basketball expertise, player development mastery, and a deep passion for coaching to the Aspengrove Basketball Program. As the head coach of the VIU Mariners men's basketball team since 2012, he has transformed the program into a perennial powerhouse, consistently competing for conference and national titles. Under his leadership, the Mariners have never finished lower than second in PACWEST, cementing their status as one of Canada's top college basketball programs.



# DIRECTOR OF PLAYER DEVELOPMENT & COACH

## CHRIS MARSH

Chris is a former professional player and respected skills development coach who brings high-level experience, technical teaching, and a passion for mentorship to the Aspengrove School Basketball Program. A Victoria native, Chris played post-secondary at VIU and UVic before spending five years playing professionally in Switzerland and France. Today, through his work as a private trainer and assistant coach at Camosun College, Chris specializes in building fundamentally sound athletes through dynamic, personalized development both on and off the court.





# SAMPLE SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday <small>1/2 Day</small>
8:00 - 9:50	Skill & Strength Development	Social Studies			
9:50 - 10:20	Assembly	Advisory	Advisory	Advisory	Math
10:30 - 11:50	Math	Social Studies	Math	Social Studies	Science
11:50 - 1:10	Science	Academic Support	Science	Academic Support	French <small>Classes ends at 12:45 pm</small>
2:00 - 3:20	French	English	French	English	
3:30 - 5:30	Practice			Practice	

\*Schedule will change based on time of year



# STUDENT/ATHLETE EXPECTATIONS

## Standards Define Us.

Aspengrove High Performance Basketball is built on accountability, preparation, and professionalism. Student-athletes who enter this program are expected to uphold the following standards daily:



### COMMITMENT TO PREPARATION

- Arrive early and prepared for all training sessions
- Maintain focus and effort throughout practice
- Prioritize recovery, nutrition, and physical readiness
- Complete assigned training and development work

*Preparation is a daily habit, not a game-day decision.*



### ACADEMIC RESPONSIBILITY

- Maintain strong academic standing
- Demonstrate discipline in time management
- Represent the program positively in the classroom
- Seek support when academic challenges arise

*Performance in the classroom is a program standard.*



### COMPETITIVE MINDSET

- Compete with intensity and composure
- Accept coaching and correction professionally
- Embrace challenging roles when assigned
- Understand that playing time is earned

*Competition is a privilege*



# STUDENT/ATHLETE EXPECTATIONS



## CHARACTER & CONDUCT

- Show respect towards teammates, staff, officials, and opponents
- Uphold school values at all times
- Represent Aspengrove professionally in public and online
- Contribute to a positive team environment

*Character is non-negotiable.*



## ACCOUNTABILITY

- Take ownership of effort and attitude
- Respond constructively to feedback
- Accept team decisions respectfully
- Protect the culture of the program

*Accountability moves us forward.*



# ADMISSIONS

Students applying to the Aspengrove Basketball Program must first complete Aspengrove's standard admissions process, which all school applicants follow. In addition, applicants will undergo a basketball evaluation to assess their skills and suitability for the program.

For more information on the admissions process, please visit our website [here](#).

# TUITION & FEES

Tuition & Fee information can be found [here](#). Tuition includes the Basketball Program. Some extra fees may apply for travel & tournaments.

# SCHOLARSHIPS & BURSARIES

Aspengrove is committed to making our exceptional education and Basketball Program accessible to families who may benefit from financial assistance. To learn more about our bursary opportunities, please visit our website [here](#).



# WHY CHOOSE ASPENGROVE'S BASKETBALL PROGRAM?

-  A COMPLETE HIGH-PERFORMANCE ENVIRONMENT
-  INTEGRATED ACADEMIC & ATHLETIC MODEL
-  NORTH POLE HOOPS LEAGUE ALIGNMENT
-  COMPETITIVE PRACTICE ENVIRONMENT
-  LONG-TERM DEVELOPMENT PATHWAY
-  SELECTIVE ROSTER STRUCTURE
-  CHARACTER & LEADERSHIP DEVELOPMENT



# FREQUENTLY ASKED QUESTIONS

## ***Who is eligible for the Academy?***

The Basketball Program is open to driven, high-performance boys in Grades 7–12 who are committed to developing their skills and competing at an elite level. Designed for serious student-athletes, the program supports players who are motivated, disciplined, and ready to elevate their game within a structured, high-performance environment.

## ***Will my son compete in tournaments?***

Yes, students will compete in both single day and multiple day tournaments. For day trips, we will use a team bus for travel.

## ***Are there extra costs for travel & tournaments?***

Gear, practices, and tournament fees are included in tuition. However, parents are responsible for their own travel and accommodation fees where applicable.

## ***How will my child be supported to balance their academic & athletic needs?***

At Aspengrove, our teachers develop strong relationships with all of their students, and understand their individual needs. Strong communication between home and school is our strength - ensuring we work together to proactively balance your child's academic, athletic, and social needs.

## ***Do you offer bus service?***

Aspengrove owns 3 school buses and offers daily service from South Nanaimo to Qualicum. We can typically work with families to service their neighbourhood, if we aren't already doing so. (Not included in tuition fees.)

**[General Aspengrove FAQ's can be found here.](#)**



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# Get In Touch With Us.

Have Questions? Inquire Today!

**Inquire:** [admissions@aspengroveschool.ca](mailto:admissions@aspengroveschool.ca) 

**Apply Now:** [www.aspengroveschool.msm](http://www.aspengroveschool.msm) 

**Website:** [www.aspengroveschool.ca](http://www.aspengroveschool.ca) 

**Address:** 7660 Clark Dr, Lantzville, BC 

**Social Media** [Instagram](#)  [Facebook](#) 