



**ASPENGROVE**  
**GOLF**



# GOLF

Golf is a sport of precision, discipline, and character - demanding both mental fortitude and physical skill. It cultivates strategic thinking, patience, and a deep respect for the game and its traditions.

Aspengrove School is proud to introduce its premier Golf Program and competitive team, designed for advanced and elite-level players. This program offers student-athletes the opportunity to refine their technique under the guidance of experienced coaches, access high-performance training, and compete at the highest levels of school and junior golf.

- STRUCTURED YEAR-ROUND DEVELOPMENT
- STRENGTH & PERFORMANCE TRAINING
- ACADEMIC EXCELLENCE
- CHARACTER-DRIVEN CULTURE



# PROGRAM OVERVIEW

The Aspengrove Elite Junior Golf Program is designed to develop high-performing student-athletes through a year-round training system. Our goal is to support juniors in achieving competitive success, personal growth, and preparation for collegiate-level golf.

Aspengrove has a partnership with Morningstar Golf Club, a golf course designed in 1991 to host competitive tournaments. Morningstar offers a year-round membership for our Juniors that allows playing privileges on the golf course, a grass tee driving range, three short game areas and an indoor academy for year-round training. Through extensive coaching and access to a premiere facility, Aspengrove aspires to help cultivate the top junior golfers not only in BC, but in Canada.

In addition to on-course training, Aspengrove Golf athletes benefit from structured college recruitment support including resume preparation, tournament scheduling, highlight video production, and direct connections to university and collegiate golf programs across North America.





# ABOUT ASPENGROVE

Aspengrove School is one of Vancouver Island's leading independent schools, serving students from Junior Kindergarten through Grade 12.

Our foundation is built on academic excellence, character and leadership development, and a purpose-driven, structured environment where **every student is seen, known, and challenged.**

For student-athletes, this matters. High performance requires discipline, time management, and strong mentorship - qualities we intentionally cultivate every day.



**ASPENGROVE**  
SCHOOL

*Strong Roots, Bright Futures*

# FACILITIES

## MORNING STAR GOLF COURSE

Morningstar, a championship golf course designed by Canadian architect Les Furber in 1991, features wide fairways, large undulating greens, and four tee options per hole, making it enjoyable for all skill levels. The course has hosted numerous top-level events, including PGA of Canada tournaments, CN Future Links Pacific Championships, Golf Canada national championships, and the BC Golf Junior Championships. Aspengrove golfers are fortunate to use this outstanding facility as part of their program.



## RAVENS NEST ATHLETICS CENTRE AT ASPENGROVE

Complementing our 7,800 sqft gymnasium, our fitness centre is a fully equipped and designed to meet the needs of elite athletes, with specialized equipment for cardio, strength, agility, and vertical jump training. With its flexible space, modern amenities, and high-performance focus, the Ravens Nest is an exceptional home for any athlete.



***Winter training continues indoors, featuring simulator access to support year-round swing development.***

# PROGRAM GOALS

## ANNUAL TRAINING STRUCTURE

**Fall (Sept–Oct):** Foundation & team culture, technical refinement, physical screening, goal setting, on-course strategy.

**Winter (Nov–Feb):** Skill & physical development, indoor training, speed training, golf swing mechanics, strength & mobility, swing analysis.

**Spring (Mar–April):** Performance season prep, on-course practice, mental performance, tournament readiness, course mapping, shot selection, wedge practice/distance control, short game.

**Summer (May–June):** Competition & peak performance; tournament play, travel coaching, post-tournament individualized feedback, strokes lost/gained analysis.

## TOURNAMENT SCHEDULE

Aspengrove focuses on preparing and taking our students to competitive regional and provincial events that qualify them for Canadian National events, World Juniors and earn World Ranking Points. Events through BC Golf and our Zone 6 Spring/Summer Tour, BC Junior Qualifiers and BC Summer Games Qualifiers, Golf Canada NEXT GEN Events as well as Maple Leaf Junior Tour world qualifiers.

## COLLEGE RECRUITMENT GUIDANCE

Resume prep, tournament scheduling, highlight videos, recruitment camps, direct university connections.

## TEAM TRIPS AND TRAVEL

Team trips to warmer climates in winter for tournament play are available as an optional extra expense outside of tuition.

## TEAM-BUILDING AND COMMUNITY

Guest speakers, inter-squad competitions and community outreach.



# PROGRAM DIRECTOR & COACH

## TYLER ROOPE

Tyler Roope is a PGA of Canada Class A Professional and PGA of BC award winner who has spent his career studying what drives long-term athletic development. His programs are known for producing results and developing consistent decision-making in an inherently inconsistent game, where thinking and adaptability matter more than repetition. Under his leadership, athletes have achieved World Junior qualifications, Team BC selections, NCAA Division I advancement, and professional tournament victories.

Roope does not see golf performance as the product of talent alone, but as the outcome of systems, habits, and environments that shape excellence over time. Having recently moved to Nanoose Bay in 2025, he brings that philosophy to Aspengrove as Director of Golf. His coaching covers the full spectrum of performance: kinetic and kinematic sequencing for efficient swing mechanics, skill transfer, competitive awareness, and the ability to self-regulate under pressure. The result is not simply better golfers, but resilient, thoughtful performers prepared to excel in complex and demanding environments.



PGA Class A Professional.

Dr. Kwon Golf Biomechanics  
Instructor Training Program Level 1 and 2.

Scott Cowx Certified Instructor.

GolfTec University Graduate.

Swing Catalyst Level 1 Certification.

Discover Golf Ambassador.

US Kids Certified Instructor.

2023 PGA of BC Junior Leader of the Year.

2022 and 2023 PGA of BC Lower Mainland  
Junior Leader.

2021 and 2023 PGA of BC Top 100 Professional.

2013 Most Valuable Male Player at Douglas College.

# STUDENT/PLAYER EXPECTATIONS

## Standards Define Us.

Aspengrove High Performance Basketball is built on accountability, preparation, and professionalism. Student-athletes who enter this program are expected to uphold the following standards daily:



### COMMITMENT & ATTENDANCE

- Arrive on time and ready to give your best at every practice, tournament, and team event.



### ACADEMIC EXCELLENCE

- As a student-athlete, your academic responsibilities always come first.
- Maintain good grades and communicate proactively with teachers about your schedule.



### CHARACTER & CONDUCT

- Show respect to your coaches, teammates, opponents, referees, and all school staff.
- Demonstrate good sportsmanship on and off the course, regardless of the outcome.



### EFFORT & ATTITUDE

- Bring high energy and focus to every training, practice or game.
- Embrace feedback and maintain a growth mindset to improve your skills, from driving to putting.



### PERSONAL RESPONSIBILITY

- Take care of your golf gear and ensure it's clean and game-ready.
- Manage your time effectively balancing training, academics, and rest.
- Prioritize your physical health with proper nutrition, hydration, and recovery.



### LEAD ON & OFF THE COURSE

- Be a role model for others in the school and golf community.
- Support teammates, foster a positive team culture, and lead by example in situations.

# ADMISSIONS

Students applying to the Aspengrove Golf Program must first complete Aspengrove's standard admissions process, which all school applicants follow. In addition, applicants will undergo a golf evaluation to assess their skills and suitability for the program.

For more information on the admissions process, please visit our website [here](#).

# TUITION & FEES

Tuition & Fee information can be found [here](#). Tuition includes the Golf Program. Some extra fees may apply for travel & tournaments.

# SCHOLARSHIPS & BURSARIES

Aspengrove is committed to making our exceptional education and Golf Program accessible to families who may benefit from financial assistance. To learn more about our bursary opportunities, please visit our website [here](#).



# FREQUENTLY ASKED QUESTIONS

## ***Who is eligible for the Junior Golf Program?***

The Golf Program will be open to boys and girls who are competitive/elite players in grades 7-12.

## ***Will my son/daughter compete in tournaments?***

Yes, students will compete in both single day and multiple day tournaments. For day trips, we will use a team bus for travel.

## ***Are there extra costs for travel & tournaments?***

Gear, practices, and tournament fees are included in tuition. However, parents are responsible for their own travel and accommodation fees where applicable.

## ***How will my child be supported to balance their academic & athletic needs?***

At Aspengrove, our teachers develop strong relationships with all of their students, and understand their individual needs. Strong communication between home and school is our strength - ensuring we work together to proactively balance your child's academic, athletic, and social needs.

## ***Do you offer bus service?***

Aspengrove owns 3 school buses and offers daily service from South Nanaimo to Qualicum. We can typically work with families to service their neighbourhood, if we aren't already doing so. (Not included in tuition fees.)

## ***Are winter team trips included in tuition?***

Winter travel trips to warmer climates for tournament play are optional and are offered as an additional expense outside of tuition. Families will be informed of these opportunities well in advance with full cost breakdowns so they can plan accordingly.

**[General Aspengrove FAQ's can be found here.](#)**



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# Get In Touch With Us.

Have Questions? Inquire Today!

**Inquire:** [admissions@aspengroveschool.ca](mailto:admissions@aspengroveschool.ca) 

**Apply Now:** [www.aspengroveschool.msm](http://www.aspengroveschool.msm) 

**Website:** [www.aspengroveschool.ca](http://www.aspengroveschool.ca) 

**Address:** 7660 Clark Dr, Lantzville, BC 

**Social Media** [Instagram](#)  [Facebook](#) 