



ASPEN GROVE BASKETBALL

HIGH PERFORMANCE SENIOR PROGRAM

Grades 11, 12, 13 | 2026-2027 Season



TRAIN LIKE COLLEGE, BEFORE COLLEGE

COMPETE ACROSS CANADA & U.S.

**COACHING BY FORMER UNIVERSITY
NATIONAL CHAMPIONSHIP STAFF**



**CANADA'S ONLY BC-BASED
NORTH POLE HOOPS
PROGRAM.**



WHY PREP SCHOOL BASKETBALL?

Most high school players are not yet ready for university basketball. **THE GAP IS REAL.** It shows up in physical development, skill, film, academic eligibility, and the maturity that college coaches recruit. A prep year closes that gap on every front.

At Aspengrove, the Senior Program is built for the athlete who is serious about playing at the next level. This is not an extension of high school. It is structured, demanding, and purposeful. Every week is designed to make you harder to overlook.

A prep year does not use NCAA or USports eligibility. Your four years of eligibility begin when you enroll at university. You arrive with everything intact and more ready than you would have been twelve months earlier.

WHO IS THIS PROGRAM FOR?

The Developing Athlete

Physically or athletically still maturing. One year of elite strength and conditioning and daily court work changes your trajectory.

The Under-Recruited Player

Talented but without the exposure. The North Pole Hoops platform puts you in front of coaches across Canada and the US.

The Academic Case

Grades or eligibility not yet where they need to be. Our academic environment supports improvement alongside high-level training.

The International Prospect

New to Canadian basketball culture. This program gives you a structured runway to prove yourself before university.

The Wrong-Fit Commit

You have an offer but it does not feel right. A prep year gives you time, exposure, and coaching to find the best fit, not just the first fit.

TRAINING & PRACTICE SCHEDULE

SESSION	SCHEDULE	FOCUS
Morning Training	Mon, Tue, Wed, Thu 8:00- 9:30 AM	45 min skills / 45 min strength and conditioning
Team Practice	3 sessions per week, after school	Full team sessions with the coaching staff
Strength & Conditioning	Integrated daily	Weights, plyometrics, athletic development
Film & Analytics	Weekly	Game film review and individual development

COMPETITION SCHEDULE

9 trips. 8 flights. National stops in Calgary, Montreal, and Toronto. International competitions in Seattle, Arizona, Las Vegas, and Southern California.

SCHEDULE STOPS

- 1 CALGARY, AB
EDGE TOURNAMENT
SEPTEMBER
- 2 SEATTLE, WA
AOG SESSION 1
OCTOBER
- 3 ARIZONA
AOG SESSION 2
NOVEMBER
- 4 TORONTO, ON
NPA SESSION 3
NOVEMBER
- 5 LAS VEGAS, NV
AOG SESSION 3
DECEMBER
- 6 CALGARY, AB
NPA SESSION 4
JANUARY
- 7 SOUTHERN CALIFORNIA
AOG SESSION 5
FEBRUARY
- 8 ARIZONA
AOG FINAL
MARCH
- 9 TORONTO, ON
NPA NATIONALS
MARCH



9 TRIPS



8 FLIGHTS



CROSSING CANADA & THE U.S.



ELITE COMPETITION.
NATIONAL EXPOSURE.

*Schedule subject to change



ASPENGROVE
SCHOOL



ACADEMICS

Aspengrove School is a fully accredited BC independent school. The Senior Program runs within the regular school day. Athletes carry a full course load alongside their training commitments.

Class sizes are small. Teachers know athletes by name. The academic environment is built to support high performers managing a demanding schedule - not to slow them down.

BC Graduation requirements are met in full. NCAA and USports eligibility requirements are tracked for every athlete in the program. Grades 11, 12, and 13 are welcome. This is the academic infrastructure serious players need to be eligible when the next level comes calling.

NORTH POLE HOOPS & AOG POWER 32

Aspengrove is the first BC-based school in North Pole Hoops - Canada's premier high school basketball platform. The NPA calendar provides a structured national competitive schedule and puts athletes in front of scouts and university coaches from coast to coast.



NPH
NORTHPOLEHOOPS.COM

The AOG Power 32 Circuit adds elite international competition across the US. Between NPA and AOG, Senior Program athletes compete in some of the highest-profile prep games in North America. This is not a local schedule. This is a national program.



PROGRAM LEADERSHIP

SCOTT MARR, Program Director & Coach

With a deep passion for coaching, mentorship, and athlete development, Scott brings championship experience and strong leadership to Aspengrove's Basketball Program. A former collegiate player at UCC (now Thompson Rivers University) from 1998–2003, he transitioned seamlessly into coaching, quickly establishing himself at both the high school and collegiate levels.

Drawing on years of experience and a proven track record in developing competitive athletes, Scott is dedicated to building a program that cultivates excellence. His commitment to shaping well-rounded student-athletes - both on and off the court - ensures Aspengrove players thrive in competition, academics, and life beyond basketball.



Matt Kuzminski, Director of Basketball & Coach

Matt is a championship-winning collegiate coach who brings elite basketball expertise, player development mastery, and a deep passion for coaching to the Aspengrove Basketball Program. As the head coach of the VIU Mariners men's basketball team since 2012, he has transformed the program into a perennial powerhouse, consistently competing for conference and national titles. Under his leadership, the Mariners have never finished lower than second in PACWEST, cementing their status as one of Canada's top college basketball programs.



CHRIS MARSH, Director of Development & Coach

Chris is a former professional player and respected skills development coach who brings high-level experience, technical teaching, and a passion for mentorship to the Aspengrove School Basketball Program. A Victoria native, Chris played post-secondary at VIU and UVic before spending five years playing professionally in Switzerland and France. Today, through his work as a private trainer and assistant coach at Camosun College, Chris specializes in building fundamentally sound athletes through dynamic, personalized development both on and off the court.





ASPEN GROVE BASKETBALL

Built to mirror the structure and expectations of university athletics

CONTACT US

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